

Talking tips

- Spend time talking and playing with your child
- Use simple sentences so your child can remember what you said
- Reduce the use of dummies and bottles, and get rid of them by the age of 1 year old
- Sing nursery rhymes together and read or look at books together



- Ask your child to make a choice to help encourage words, like 'Would you like milk or juice?'
- Talk to your child right from birth
- When out and about, name things that your child can see

Everything you do is an opportunity to teach language to your child