



# St. Giles' & St. George's Church of England Academy

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Dear parents,

From September 2020 all primary schools will be required to have **Relationships Education** in place and a **Relationships and Sex Education (RSE) policy**.

As a school we have an obligation to teach children from Year 1 to Year 6 about aspects of RSE and I feel it is important that as a school we are clear about what that entails. The mention of the words, 'Sex education' can create unnecessary anxiety for parents and carers and I want to reassure you that the focus of much RSE in primary school is broader than you might think, focussing more so on the Relationships rather than the Sex aspect.

We adopted the JIGSAW scheme of work last year in order fulfil this statutory requirement. Throughout the year, we cover different aspects of the JIGSAW curriculum through six broad topics- Being me in my World, Celebrating Difference (autumn term) Dreams & Goals, Healthy Me (spring term) Relationships and Changing Me (summer term) A focus on Relationships is covered within each topic, with the 'Changing Me' topic covering most of the Sex Education aspects.

As a parent or carer you do have the right to request your child is removed from parts of the sex education programme, but we feel confident that the content is both relevant and appropriate for our age group. It is important to clarify that withdrawal of your child would only be considered **only for content that is not part of the statutory science curriculum**.

To help you understand what will be taught from September 2020, a concise overview of content by year group is listed overleaf.

We have also created a Survey Monkey questionnaire which we would ask that you spend a few minutes completing. The survey will be open for two weeks until **2<sup>nd</sup> April 2021**. You can find it here: <https://www.surveymonkey.co.uk/r/FZBC5W3>

This will help us to gain your thoughts and opinions of this new content and then share our approach to the teaching of RSE following this period of consultation.

Kind regards,

Mrs Wright

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Year Group	RSE Content covered in 'Changing Me'
1	<ul style="list-style-type: none"> <li>• Identify the parts of the body that make boys different to girls and use the correct names for these body parts</li> </ul>
2	<ul style="list-style-type: none"> <li>• Identify the parts of the body that make boys different to girls and use the correct names for these body parts and appreciate that some parts of my body are private</li> <li>• Tell you what I like/don't like about being a boy or girl</li> </ul>
3	<ul style="list-style-type: none"> <li>• Understand that in animals and humans lots of changes happen between conception and growing up and that usually it is the female who has the baby</li> <li>• Express how I feel when I see babies or baby animals</li> <li>• Understand how babies grow in the mother's uterus</li> <li>• Express how I might feel if I had a new baby in the family</li> <li>• Understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies and identify how boys' and girls' bodies change</li> </ul>
4	<ul style="list-style-type: none"> <li>• Correctly label the internal and external body parts of male and female bodies needed to make a baby</li> <li>• Understand that having a baby is a personal choice and express how I feel about having children when I am an adult</li> <li>• Describe how a girl's body changes in order for her to be able to have babies when she is older and that menstruation is part of this</li> <li>• Know that I have strategies to help me cope with the physical and emotional changes I will experience during lockdown</li> </ul>
5	<ul style="list-style-type: none"> <li>• Explain how a girl's body changes during puberty and that this is a natural process that happens to everyone</li> <li>• Express how I feel about the changes that will happen to me during puberty</li> <li>• Understand that sexual intercourse can lead to conception and that is how babies are usually made, sometimes people may need IVF to help them have a baby</li> </ul>
6	<ul style="list-style-type: none"> <li>• Explain how girls' and boys' bodies change during puberty</li> <li>• Express how I feel about the changes that will happen to me during puberty</li> <li>• Ask the questions I need answered about changes during puberty</li> <li>• Describe how a baby develops from conception through the nine months of pregnancy and how it is born</li> <li>• Understand how being physically attracted to someone changes the nature of the relationship</li> </ul>