

# Reception Curriculum Overview

## Spring 1 - Healthy Me

### English

**Text:** Handa's Surprise, Exercise and Play  
**Skills:**

- To hear sounds in CVC/CVCC words.
- Represent sounds correctly.
- Begins to write simple captions

### Science

**Unit:** Knowledge and Understanding

**Key questions/ experiments:**

Do all apples have the same number of seeds?  
What sort of food is healthy?

### Mathematics

**Number:** Number and Place Value to 10, Addition & Subtraction to 10, *Geometry - Shape and Space*  
**Objectives include:**

- Number and Place Value: Numbers to 10 ordering and finding one more/less
- Addition and Subtraction: adding two single digit numbers with objects
- Shape - naming and describing 2d and 3d shapes.

### Humanities

### Art/Design Technology

**Final Outcome/s:**

Fruit smoothies - Design and make a fruit smoothie.

### Computing

**Unit:** We Are Healthy/We Can Understand Instructions

**Program:** Internet/Smoothie maker/Photostory

**Overview:**

- Create a digit healthy eating plate using online searches
- Follow instructions to create a fruit smoothie.

**E-Safety Unit:** Buddy the Dog

### PSHCE

**Unit:** Dreams and Goals

**Overview:**

- Setting goal
- Identifying successes and achievements
- Tackling new challenges
- Identifying and overcoming obstacles.

### Music

**Unit:** Everyone!

**Key Skills:**

- Learn to sing or sing along with nursery rhymes and action songs.
- Use voices expressively and creatively.

### Religious Education

**Unit:** Celebrations

**Religion:** Hinduism

**Key Question:** How do people celebrate?

### Physical Education

**Gymnastics**

Create short sequences using shapes, balances and travelling actions. Balance safely using apparatus. Jump and land safely from a height. Develop rocking and rolling.