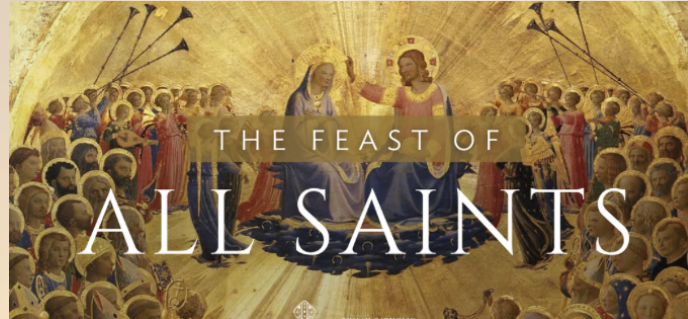


Mindful Mondays

An invitational and thought-provoking gift to share with your family:



When Jesus saw the crowds, he went up the mountain and sat down. His disciples gathered around him and he began to teach them. He said, “Blessed are the people who know they need God, for the Kingdom of Heaven belongs to them. Blessed are people who are gentle, for the Earth is theirs. Blessed are people who are sad now, for God will comfort them. Blessed are people who work for justice, for God will give them all they need. Blessed are the people who show mercy, for they will have mercy shown to them. Blessed are the people whose hearts are pure, for they will see God. Blessed are people who make peace, for they will be called children of God. Blessed are people who are treated badly for doing what God wants, for the kingdom of Heaven belongs to them. So, blessed are you when people who insult and mistreat you because of me. Rejoice and be glad for your reward will be great in Heaven.”

These are the Beatitudes which show us the path that will lead us closer to God.

Prayer

Dear Lord,

Please help me to see and admire the saintly qualities in others and help me to grow more like you each day.

Amen



Act Agents
of
CHANGE

Research the saints of our school: Giles and George. What did they do and how can their actions inspire us? Did their work lead them to God? Did they outlive the Beatitudes?