

Mindful Mondays

An invitational and thought-provoking gift to share with your family:



Jesus said to Nicodemus: “No one has gone up to heaven except the one who came down from heaven – that is, the Son of Man who is in heaven. The Son of Man must be lifted up as Moses lifted up the serpent in the desert, so that everyone who believes may have eternal life in him. Yes, God loved the world so much that he gave his only Son, so that everyone who believes in him may not be lost but may have eternal life. Indeed, God did not send the Son into the world to condemn the world, but so that through him the world might be saved.

Prayer

Dear Lord Jesus,
Thank you for giving your life for us,
and for all the kind people in our
community who show us your way
of love and self-giving.

Amen



Act

God wants us to live like Jesus, to be
'self-giving', which is the opposite
of selfish. Think of ways you can be
self-giving to others at school and
at home this week. It is giving that
we receive.

Be the
CHANGE
you wish to
SEE IN THE
world