

Mindful Mondays

An invitational and thought-provoking gift to share with your family:



'Love one another, as I have loved you'

Owe no one anything, except to love one another; for the one who loves another has fulfilled the law. The commandments are summed up in this word, 'Love your neighbour as yourself.' Love does no wrong to a neighbour; therefore, love is the fulfilling of the law.

Besides this, you know what time it is, how it is now the moment for you to wake from sleep. For salvation is nearer to us now than when we became believers; the night is far gone, the day is near. Let us then lay aside the works of darkness and put on the armour of light; let us live honourably as in the day, not in revelling, not in dishonesty and recklessness, not in arguing and jealousy. Instead, put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires.



Prayer

Dear God,

Help us to remember your lessons. Inspire us to be better and to love everyone in our community. Thank you for guiding us on our journey through life.

Amen



Act

As we approach the summer holidays, think of the importance of loving one another and supporting each other, not just our families, but our 'neighbours' too. Appreciate the time spent with the people we love. Thank them for the little things and experiences we get to enjoy over the summer break. Thank God for giving us all that we have.

Be the
CHANGE
you wish to
SEE IN THE
world

