

Mindful Mondays

An invitational and thought-provoking gift to share with your family:



"I am the light of the world. Whoever follows me will never walk in darkness"

Jesus says, "You are the light of the world. A town built on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead, they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven." (5:14-16)

When we spend time with the Lord, we reflect His light and point others to Him. John 8:12 says, "When Jesus spoke again to the people, he said, 'I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life.'"

We can all shine God's light in our homes, classrooms and communities by offering wisdom, encouragement, love and kindness to all.

Prayer

Dear Lord,

Thank you for being the light in our dark, the support when times are hard and the guide when we are lost. Help us to shine our light in your world.

Amen



Act

How can you share and shine the light of Jesus?

Think of ways you can help those around you at home and school to add some brightness to their day.

Share these with your teacher.

