

Mindful Mondays

An invitational and thought-provoking gift to share with your family:



What did Jesus say about those who believed without seeing?

After seeing the risen Jesus, Thomas believed that he was alive – he still is. Believing in the resurrection adds something very special to our lives. Jesus invited Thomas to believe and he makes the same invitation to us all. Ask your parents or your child, what does the word ‘believe’ mean to them? What does it mean to believe in Jesus?

As we reflect on Easter, we think about what Jesus did and what he said; we ask God to help us grow in our belief, living out Jesus’ teaching and seeing the difference it can make to our lives.

Prayer

Dear Lord,

Please help our belief in you to grow in us, through recognising your presence in the loving words and actions of those around us.

Amen



Act

Write a promise to yourself or to God. What will you do this week to show love to others around you or spread the word of God?

Be the
CHANGE
you wish to
SEE IN THE
world