

Mindful Mondays

An invitational and thought-provoking gift to share with your family:



What does it mean to be merciful?

To be in relationship with our neighbour, we are called to be merciful, just as God is merciful towards us. This does not imply setting ourselves up over others in judgement, for we will be judged as we judge.

To be a good neighbour means to be merciful, as we read in the story of the Good Samaritan. Jesus asks the lawyer, “Which of these three, do you think, proved to be a neighbour to the man who fell among the robbers?” He answers, “The one who showed him mercy.” (Lk 10:36)

Prayer

Lord,

We know that your name is mercy. We ask for the courage to be open to others, not to judge them. As we experience your mercy, so too may we be merciful.

Amen.



Act

Take action alongside our global neighbours and get involved with CAFOD today. Sign up for regular email updates about our work to hear about how you can join us as we strive to build a better world.

Be the
CHANGE
you wish to
SEE IN THE
world